

BOARD OF DIRECTORS

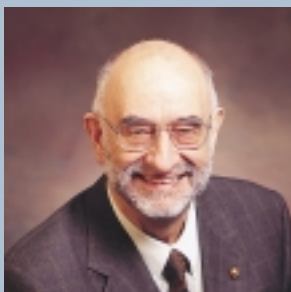
john l. bragg^{3,5}

Collingwood, Nova Scotia
Director since 1999.
President and Co-CEO of
Oxford Frozen Foods Ltd.



sir graham day^{1,5}

Hantsport, Nova Scotia
Director since 1991.
Counsel to Stewart M^cKelvey
Stirling Scales and Chairman
of Sobeys Inc.



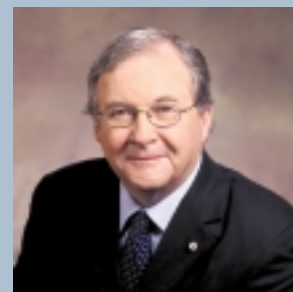
robert p. dexter^{3,6}

Halifax, Nova Scotia
Director since 1987.
Chairman and Chief Executive
Officer of Maritime Travel Inc.



peter c. godsoe¹

Toronto, Ontario
Director since 1993.
Chairman and Chief Executive
Officer of The Bank of
Nova Scotia



james w. gogan²

New Glasgow, Nova Scotia
Director since 1972.
Corporate Director.



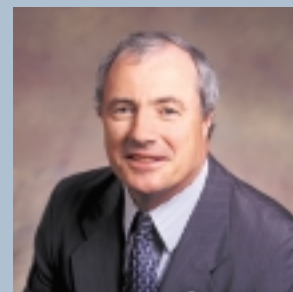
james l. moody, jr³

Cape Elizabeth, Maine
Director Since 1998.
Corporate Director.



mary mogford¹

Newcastle, Ontario
Director since 2002.
Partner at Mogford
Campbell Inc.



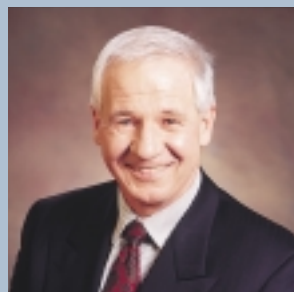
e. courtney pratt^{4,5}

Toronto, Ontario
Director since 1995.
President and Chief Executive
Officer of Toronto Hydro
Corporation

1. Audit Committee Member
2. Audit Committee Chairman
3. Human Resources Committee Member
4. Human Resources Committee Chairman
5. Corporate Governance and Nominating Committee Member
6. Corporate Governance and Nominating Committee Chairman

j. william sinclair⁵

Pictou, Nova Scotia
 Director since 1980.
 Corporate Director.

david f. sobey³

New Glasgow, Nova Scotia
 Director since 1963.
 Chairman Emeritus
 of Sobeys Inc.

donald r. sobey³

New Glasgow, Nova Scotia
 Director since 1963.
 Chairman of Empire
 Company Limited.

john r. sobey¹

Stellarton, Nova Scotia
 Director since 1979.
 Corporate Director.

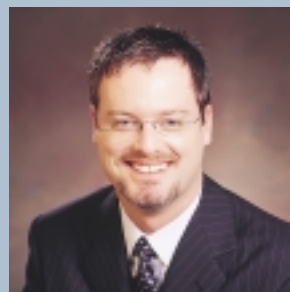
karl r. sobey³

Halifax, Nova Scotia
 Director since 2001.
 Corporate Director.



paul d. sobey

New Glasgow, Nova Scotia
 Director since 1993.
 President and Chief Executive
 Officer of Empire Company
 Limited



robert g. sobey

Stellarton, Nova Scotia
 Director since 1998.
 Senior Vice-President,
 Merchandising and Marketing
 of Sobeys Atlantic